

# Birchwood High School Lunch

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u> <i>Treat Day</i>
<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>
Tomato and Basil	Carrot and Coriander	Chicken noodle	Leek and potato	Chef's Choice
<b>MAIN COURSE</b>	<b>MAIN COURSE</b>	<b>MAIN COURSE</b>	<b>MAIN COURSE</b>	<b>MAIN COURSE</b>
Pork sausages with mashed potato, peas, carrots and a GF gravy	Meatballs in a tomato sauce with pasta, sweetcorn, peas and garlic bread	Breaded chicken in a katsu sauce with rice, sweet chilli green beans and sweetcorn	Beef and onion pie with roast potatoes, carrots and peas	Breaded chicken and chips with peas and baked beans
<b>VEGETARIAN COURSE</b>	<b>VEGETARIAN COURSE</b>	<b>VEGETARIAN COURSE</b>	<b>VEGETARIAN COURSE</b>	<b>VEGETARIAN COURSE</b>
Quorn sausages with mashed potato, peas, carrots and a GF gravy	Vegan meatless balls in a tomato sauce with pasta, sweetcorn, peas and garlic bread	Vegetable curry with rice, sweet chilli green beans and sweetcorn	Vegetable pie with roast potatoes, carrots and peas	Cheese and onion roll and chips with peas and baked beans
<b>HOTJACKET FILLING</b>	<b>HOTJACKET FILLING</b>	<b>HOTJACKET FILLING</b>	<b>HOTJACKET FILLING</b>	<b>HOTJACKET FILLING</b>
Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw

We understand that food allergies can present a serious concern for some of our students. If you would like information on the allergen content of our foods, please speak to a member of staff who will be happy to assist.

\*Menu may be subject to change

# Birchwood High School Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY  
Treat Day

SOUP

SOUP

Chicken noodle

Chef's Choice

MAIN COURSE

MAIN COURSE

Chicken curry and rice  
with green beans, carrots  
and naan

Christmas lunch  
Year 7

Christmas lunch  
Year 8 and  
6th form

Christmas lunch  
Years 9, 10 and 11

Beef burger and chips with  
peas and baked beans

VEGETARIAN COURSE

VEGETARIAN COURSE

Vegetable curry and rice  
with green beans, carrots  
and naan

Halloumi, lettuce and  
tomato in a bun with chips,  
peas and baked beans

HOTJACKET FILLING

HOTJACKET FILLING

Jacket potato bar:  
Fresh baked jacket potato  
served with either baked  
beans, cheese, tuna or  
coleslaw

Pasta King & Sandwich  
Hut available for those not  
having Christmas lunch

Pasta King & Sandwich  
Hut available for those not  
having Christmas lunch

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Jacket potato bar:  
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Week commencing 16 December 2024

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<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>
Chicken noodle	Tomato and Basil	Leek and potato	Honeyed parsnips	
<b>MAIN COURSE</b>	<b>MAIN COURSE</b>	<b>MAIN COURSE</b>	<b>MAIN COURSE</b>	<b>MAIN COURSE</b>
Pork sausages and mashed potato with peas, sweetcorn and GF gravy	Chicken curry and rice with green beans, sweetcorn and naan bread	Gammon and pineapple with potato wedges, carrots and green beans	Chicken and mushroom pie with roast potato, honey roast parsnips and green beans	Early finish
<b>VEGETARIAN COURSE</b>	<b>VEGETARIAN COURSE</b>	<b>VEGETARIAN COURSE</b>	<b>VEGETARIAN COURSE</b>	<b>VEGETARIAN COURSE</b>
Quorn sausage and mashed potato with peas, sweetcorn and GF gravy	Vegetable curry and rice with green beans, sweetcorn and naan bread	Vegetable pastie with potato wedges, carrots and green beans	Leek and potato pie with roast potato, honey roast parsnips and green beans	
<b>HOTJACKET FILLING</b>	<b>HOTJACKET FILLING</b>	<b>HOTJACKET FILLING</b>	<b>HOTJACKET FILLING</b>	<b>HOTJACKET FILLING</b>
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