

Week Commencing 2 September 2024

BIRCHWOOD HIGH SCHOOL LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY
(Roast Day)

FRIDAY
(Treat Day)

MAIN COURSE

MAIN COURSE

MAIN COURSE

MAIN COURSE

MAIN COURSE

Pork sausage, mash and GF
gravy with peas and carrots.

Chicken tikka masala and rice
served with green beans,
sweetcorn and naan.

Honey roast gammon, roast
potatoes and GF gravy with
broccoli, carrots and
Yorkshire pudding.

Jumbo sausage and chip with
peas and baked beans.

VEGETARIAN COURSE

VEGETARIAN COURSE

VEGETARIAN COURSE

VEGETARIAN COURSE

VEGETARIAN COURSE

Vegan sausage, mash and GF
gravy with peas and carrots.

Vegetable rogan josh and
rice served with green beans,
sweetcorn and naan.

Beetroot and red onion
tarte tatin roast potatoes
and GF gravy with broccoli,
carrots and Yorkshire
pudding.

Vegan sausage and chip with
peas and baked beans.

HOT JACKET FILLING

HOT JACKET FILLING

HOT JACKET FILLING

HOT JACKET FILLING

HOT JACKET FILLING

Jacket potato bar:
Fresh baked jacket potato
served with either baked
beans, cheese, tuna or
coleslaw

Jacket potato bar:
Fresh baked jacket potato
served with either baked
beans, cheese, tuna or
coleslaw

Jacket potato bar:
Fresh baked jacket potato
served with either baked
beans, cheese, tuna or
coleslaw

Jacket potato bar:
Fresh baked jacket potato
served with either baked
beans, cheese, tuna or
coleslaw

*We understand that food allergies can present a serious concern for some of our students.
If you would like information on the allergen content of our foods, please speak to a member of staff who will be happy to assist.
Menu may be subject to change

Week Commencing 9 September 2024

BIRCHWOOD HIGH SCHOOL LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY
(Roast Day)

FRIDAY
(Treat Day)

MAIN COURSE

MAIN COURSE

MAIN COURSE

MAIN COURSE

MAIN COURSE

Pasta bolognese with garlic bread, green beans and sweetcorn.

Lamb kofta in folded flatbread served with cous cous, roasted butternut squash and peas.

Chilli con carne and rice served with green beans, carrots and taco chips.

Roast chicken thighs, roast potatoes and GF gravy with carrots, honey roast parsnips and Yorkshire pudding.

Battered fish and chips with peas and baked beans.

VEGETARIAN COURSE

VEGETARIAN COURSE

VEGETARIAN COURSE

VEGETARIAN COURSE

VEGETARIAN COURSE

Quorn pasta bolognese with garlic bread, green beans and sweetcorn.

Vegetable tagine in folded flatbread served with cous cous, roasted butternut squash and peas.

Quorn chilli and rice served with green beans, carrots and taco chips.

Stuffed butternut squash, roast potatoes and GF gravy with carrots, honey roast parsnips and Yorkshire pudding.

Quorn fish fingers and chips with peas and baked beans.

HOT JACKET FILLING

HOT JACKET FILLING

HOT JACKET FILLING

HOT JACKET FILLING

HOT JACKET FILLING

Jacket potato bar:
Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw

Jacket potato bar:
Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw

Jacket potato bar:
Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw

Jacket potato bar:
Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw

Jacket potato bar:
Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw

*We understand that food allergies can present a serious concern for some of our students. If you would like information on the allergen content of our foods, please speak to a member of staff who will be happy to assist.
Menu may be subject to change

Week Commencing 16 September 2024

BIRCHWOOD HIGH SCHOOL LUNCH MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u> (Roast Day)	<u>FRIDAY</u> (Treat Day)
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
Katus chicken and rice with green beans and sweetcorn.	Beef rogan josh and rice with peas, sweetcorn and naan.	Pork sausage, mash and GF gravy with green beans and carrots.	Beef and onion pie, roast potatoes and GF gravy with carrots and peas.	Breaded chicken and chips with peas and baked beans.
VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE
Sticky quorn sausages and rice with green beans and sweetcorn.	Vegetable curry and rice with peas, sweetcorn and naan.	Vegan sausage, mash and GF gravy with green beans and carrots.	Leek and potato pie, roast potatoes and GF gravy with carrots and peas.	Quorn chicken nuggets and chips with peas and baked beans.
HOT JACKET FILLING	HOT JACKET FILLING	HOT JACKET FILLING	HOT JACKET FILLING	HOT JACKET FILLING
Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw

*We understand that food allergies can present a serious concern for some of our students.
If you would like information on the allergen content of our foods, please speak to a member of staff who will be happy to assist.
Menu may be subject to change

Week Commencing 23 September 2024

BIRCHWOOD HIGH SCHOOL LUNCH MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u> (Roast Day)	<u>FRIDAY</u> (Treat Day)
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
Pasta bolognese with garlic bread, carrots and peas.	Jerk chicken and rice with peas and sweetcorn.	Lamb kofta in folded flatbread served with cous cous, roasted butternut squash and broccoli.	Honey roast gammon, roast potatoes and GF gravy with green beans, carrots and Yorkshire pudding.	Beef burger and chips with peas and baked beans.
VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE
Quorn pasta bolognese with garlic bread, carrots and peas.	Jerk sweet potato and black bean curry with rice, peas and sweetcorn.	Vegetable tagine in folded flatbread served with cous cous, roasted butternut squash and broccoli.	Stuffed pepper, roast potatoes and GF gravy with green beans, carrots and Yorkshire pudding.	Halloumi burger and chips with peas and baked beans.
HOT JACKET FILLING	HOT JACKET FILLING	HOT JACKET FILLING	HOT JACKET FILLING	HOT JACKET FILLING
Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw

*We understand that food allergies can present a serious concern for some of our students. If you would like information on the allergen content of our foods, please speak to a member of staff who will be happy to assist.
Menu may be subject to change

Week Commencing 30 September 2024

BIRCHWOOD HIGH SCHOOL LUNCH MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u> (Roast Day)	<u>FRIDAY</u> (Treat Day)
MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE	MAIN COURSE
Pork sausage, mash and GF gravy with peas and carrots.	Chilli con carne and rice served with green beans, sweetcorn and taco chips.	Pasta carbonara with broccoli, carrots and garlic bread.	Roast chicken thighs, roast potatoes and GF gravy with carrots, green beans and Yorkshire pudding.	Doner kebab in folded flatbread with pickle red cabbage, red onion and iceberg lettuce served with chips.
VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE	VEGETARIAN COURSE
Vegan sausage, mash and GF gravy with peas and carrots.	Quorn chilli and rice served with green beans, sweetcorn and taco chips.	Pasta marinara with broccoli, carrots and garlic bread.	Beetroot and red onion tarte tatin, roast potatoes and GF gravy with carrots, green beans and Yorkshire pudding.	Chickpea falafel in folded flatbread with pickle red cabbage, red onion and iceberg lettuce served with chips.
HOT JACKET FILLING	HOT JACKET FILLING	HOT JACKET FILLING	HOT JACKET FILLING	HOT JACKET FILLING
Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw	Jacket potato bar: Fresh baked jacket potato served with either baked beans, cheese, tuna or coleslaw

*We understand that food allergies can present a serious concern for some of our students.
If you would like information on the allergen content of our foods, please speak to a member of staff who will be happy to assist.
Menu may be subject to change